



Drinks

Blueberry Smoothies

- 2½ cups fresh or frozen blueberries, thawed
- 1 ¼ cups apple juice
- 1 cup vanilla ice cream or frozen yogurt
- 2 Davidson's Safest Choice™ Pasteurized Shell Eggs
- ¼ cup milk
- ¾ tsp. Ground cinnamon

In blender, combine blueberries, apple juice, ice cream, eggs, milk and cinnamon until smooth. Serve Immediately.

Yield: 5 servings

